

3 Clarendon Terrace = High Street = Stockbridge = SO20 6EY = 01264 811660

Dr. Redwan El-khayat • MRCPsych • Consultant Psychiatrist • Accredited Cognitive Behaviour Therapist • GMC No 4230836

A shortage of Elvanse

Dear Client of The Salisbury Practice

You may have encountered major difficulties in accessing Elvanse (lisdexamfetamine) for ADHD treatment.

Elvanse currently is hardly available in the country in all its different dosages (from 30 to 70mg capsules). There has been a surge in demand which has not been anticipated and has led to a global shortage.

Unfortunately, there is no direct alternative.

If it is very difficult for you to manage in the coming days or even weeks, you may like to consider alternatives:

There is a short acting option, Amfexa (dexamfetamine), it works for up to 4 hours. Each 10mg of Amfexa would be roughly equivalent to Elvanse 30mg. Because it is short acting, you may need to take it twice or even 3 times daily.

Alternatively, you may consider another stimulant, methylphenidate. There are also short acting and long-acting options.

If you like to consider any of the above, please book an appointment to discuss the options in more detail.

Yours sincerely

Dr Redwan El-khayat